

NPO Skill Camp

Information for Facial Reflexology

Facial Reflexology is a therapy by facial massage with natural aroma essential oils

This therapy is effective for stimulating the central nervous system to promote relaxation of the mind and body.

The close proximity of the brain to the stimulus in the face encourages the body to respond more quickly.

* Since Facial Reflexology is not a medical treatment, this therapy does NOT guarantee medical outcomes.



- Face reflexology is a modern holistic treatment that has its roots in oriental medicine combined with techniques used by South American Indians and up-to-date neuro-anatomy.
- Using only hands and a light cream, the treatment incorporates precise stimulation of acupressure points, neurological points and body maps on the face. This stimulation sends impulses through the body central nervous system (CNS) to specific organs and parts of the body to increase blood circulation, lymphatic drainage and rebalance the body chemistry
- Many researches report the effective and positive results of this treatment for Autism, Learning Disabilities, Eating Disorder, Stress, CNS balance disorder.
- Facial Reflexology is a safe therapy for all ages and all skin type, all health condition.



We recommend parents and children taking the therapy together.

You can experience the supplementary therapeutic affect of sharing relaxation with your child.

Ayako Tokuzumi / Yasumoto Yuuka

Ayako and Yuuka are both licensed Facial Reflexologists.

Time and Date:

The second Sunday of Every month 13:00~ The treatment takes about 30-50 minutes for two family members. Please contact us if you have time preference when booking.

Cost:

Skill Camp member: Free

If you are not a Skill Camp member: ¥5,000 / 2 family members ※ It costs 3000 yen per person for each additional family member. Money will be collected at the venue.

Venue:

NPO Skill Camp

Reservation:

03-3455-5725 e-mail: skillcamp@nposkillcamp.org

Please note that there are limited places available for each facial reflexology day. Please contact us by email or phone by 1 week before the treatment day.

- ① Names of attendees
- ② age
- ③ sex
- ④ Specific condition you wish to be improved from Facial Reflexology
- ⑤ How you learned about this service.

** Your personal information will NOT be used for any other business.*

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